

Happily Ever After Divorce

Jessica Bram
Speaker, Author

A writer and award-winning radio commentator, Jessica Bram is author of *Happily Ever After Divorce: Notes of a Joyful Journey* (Health Communications, Inc. 2009) a collection of Jessica's own personal experiences rebuilding a life after divorce. Her stories always focus on the positive aspects of her journey, and the light that awaits at the end of that difficult tunnel called divorce.



"Divorce need not be the end of the world. Instead it can be the path to a life better than one could previously have imagined."

Jessica's keynote, "*Divorce: Not an Ending But a Beginning*" inspires audiences including:

- ☛ Divorce professionals
- ☛ Religious and community organizations
- ☛ Divorce support groups

When we speak of divorce as an ending, we forget that it can also be the beginning of a joyful, new life. An inspirational talk that includes Jessica's own examples from *Happily Ever After Divorce: Notes of a Joyful Journey*, including:

- ☛ Discovering that the keys to financial independence lay within oneself. (From: "*You Are Your Future*")
- ☛ Keeping the lines of communication open with an ex-spouse for the sake of the children, who can thrive. (From: "*Coffee with the Enemy*")
- ☛ What they don't tell you about the pleasures of single life. (From: "*Good-bye Loneliness*" and "*Where Is it Written?*")
- ☛ How to approach dating with a positive attitude, open one's heart, and find love again. (From: "*First Dates and Other Comedies*", "*Opening My Heart*", and "*Then Comes Love*")

Jessica Bram is an author, speaker and award-winning radio commentator who regularly records commentaries on the Fairfield County, Connecticut National Public Radio station WSHU during "All Things Considered" and "Morning Edition." Her personal essays have been published in many national and regional newspapers and magazines including *The New York Times*, *Child Magazine*, *Women's Journal*, *Sacramento Bee*, *Country Accents* and *Gannett Newspapers*. Jessica's broadcast appearances have included PBS's *To the Contrary*, WNBC-TV's *Today in New York*, WFSB-TV's *Better Connecticut*, CBS News 88 Radio's *Health and Wellness Report*, and XM Radio *Oprah & Friends* with Jean Chatzky.



Notes of a Joyful Journey

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